Set up your Functional Activity Board

The board is a single 36 × 24 inch pressure-sensitive training surface. One board, one transmitter, and you are ready to train — on the floor, on a table, or on the wall.

What is in the box

- Functional Activity Board (36 × 24 in., approx. 1 lb.)
- Blue transmitter — uses one CR2032 battery
- Activity Cards
- STROOP Poster

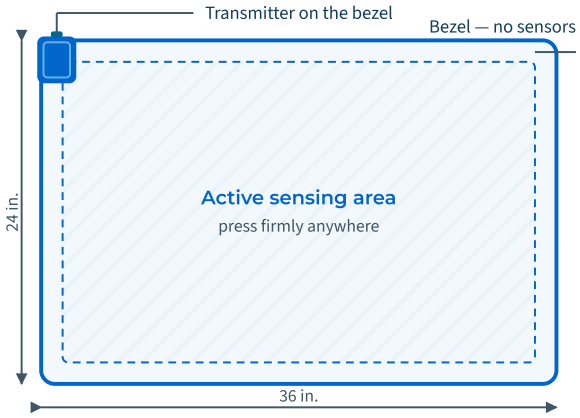
Setup

1. Carefully remove the board from the box and separate the Activity Cards, the STROOP Poster, and the board itself.
2. Lay the board flat. **The first time, it may take about an hour to flatten completely.** You can rest light objects on the surface to help it settle — never heavy ones.* If you plan to use the STROOP Poster, it will need to be flattened as well.
3. Once the board is flat, insert a CR2032 battery into the blue transmitter.
4. Connect the transmitter to the board, then press it onto the hook-and-loop dot on the bezel at the top-left corner.
5. Press firmly anywhere on the active surface. The MCU answers with a quick red flash and returns idle. The board is ready to use.

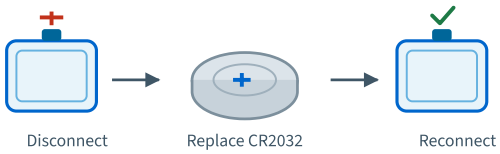
Changing the battery. Always disconnect the blue transmitter from the board first, then change the CR2032, then reconnect the transmitter.

Using the board with stimuli

The board works on its own — one large surface and one transmitter is everything you need for a session. Interactive Metronome also supplies physical and digital stimuli you can place on the board to add cognitive load to motor timing work, and you are free to use your own.



The bezel around the edge contains no sensors. Handle, hang, and grip the board by the bezel.



***Placing objects.** Objects set on the board must be light enough not to trigger a sensor on its own.

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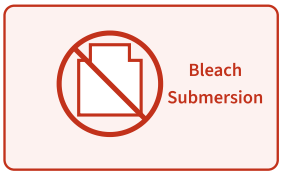
Cleaning, storing, and hanging the board

The board is built to be wiped down between clients, rolled for storage, and mounted on a wall for standing work.

Cleaning between clients

Use	✓ Mild soap and water on a damp cloth, or a disinfectant wipe
Never	✗ Bleach or any corrosive liquid — this damages the board beyond repair
Never	✗ Submerging the board in liquid
Before use	✓ Make sure the surface is completely dry

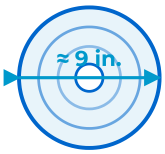




Storage

Store the board flat wherever you have space. If you do not, the board is designed to be rolled and put away.

- Roll loosely. Never force the board into a tight roll.
- The board rolls comfortably to about a **9-inch diameter**.
- After a long period rolled up, allow time for the board to flatten again before a session.

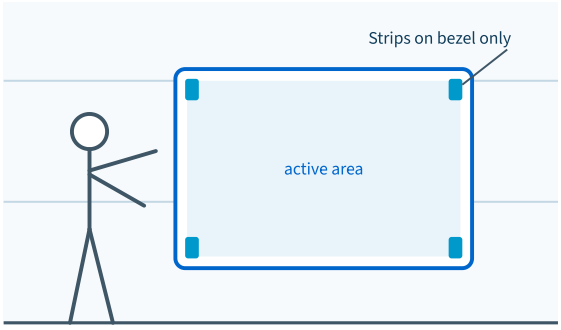


Roll loosely — never force it tight.

Wall placement for standing therapy

Mounting the board on a wall lets you train in standing and doubles as storage. Interactive Metronome recommends **3M Velcro Command Strips** for damage-free hanging.

1. Clean and dry the wall where the strips will sit.
2. Place the strips along the **bezel edge only**. Pressing fasteners onto the active area will damage the sensors.
3. Set the height so the working surface sits within the client's comfortable standing reach.
4. Press firmly and allow the strips to bond per the manufacturer's instructions before use.



Position the surface within comfortable standing reach.

> **If you hang the board another way,** fasten through the bezel edge only and follow the fastener manufacturer's instructions. The board weighs approximately 1 lb.; anything you attach to it adds to that load.

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