

# Using IM in the Schools



## Course Description:

Many Interactive Metronome (IM) providers work within a variety of school-based settings. For this reason, it is often necessary to vary the set-up and application of IM. One of the key issues discussed among school providers is the need to be creative, flexible and above all, patient in order to get IM up and running in the schools. This course will cover various academic settings and will equip IM providers with the necessary tools for transitioning to the next step in Interactive Metronome use – whether it be related to finding funding, communicating with school administration, or fine-tuning an already established IM program in the schools. *\*Contact hours/AOTA CEUs are offered pending successful completion of a written exam at the end of the course.*

## Target Audience:

This course welcomes the following professionals who have completed the Interactive Metronome Certification Course.

- Occupational Therapist
- Occupational Therapy Assistant
- Physical Therapist
- Physical Therapy Assistant
- Licensed Mental Health Professional
- Music Therapist
- Educator

**Instructional Level:** Introductory

## Learning Outcomes:

At the completion of this course, participants will be able to:

1. Communicate a rationale for use of Interactive Metronome (IM) in school service delivery;
2. Determine budgetary and funding needs & communicate to appropriate parties;
3. Develop motivational strategies for the successful implementation of IM with school children;
4. Use strategies to solicit feedback from families and teaching staff in order to adjust the IM program overall and for each individual student as needed.

*\*Note: This course covers information that pertains to licensed therapists and therapy assistants. OTA and PTA professionals must practice IM under the supervision of a licensed OT or PT.*

## Instructor

**Mary Jones, OTR/L, LMT, CIMT** graduated from St. Loe's School of Occupational Therapy (UK) in 1986. Has been an Occupational Therapist for 20 (+) years and has been practicing in the USA since 1993. Additional training has included a BS in Healthcare and Social Welfare from Manchester University in 1992, Massage Therapy License in 1996, NDT certification in 1994. Mary has worked in a variety of healthcare settings in both the USA and the UK. These include home health in the inner-city (London), orthopedics, geriatric psychiatry, outpatient rehab, brain injury specialty (adult and pediatric) and pediatric outpatient therapy. Clinical advanced training includes NDT advanced courses, infant massage certification, cranio-sacral therapy, myofascial release techniques, motor control and the development of motor learning, Therapeutic Listening Program, Integrated Listening Systems, Brain Gym, Pilates, Active Isolated Stretching Techniques, Visual-motor Training, Vestibular Training, Beckman Oral Motor Assessment and Intervention, Handwriting Without Tears, ADHD and Nutrition Interventions, Aromatherapy, Aquatic Therapy, Sensory Integration assessment and interventions, Autism assessment and interventions, Interactive Metronome Certification and Development of Best Practice Strategies with IM. Mary owns her own pediatric practice "Sensational Kids LLC", based out of Bradenton, FL. Mary has lectured extensively in her field at a local and national level.

## Disclosures:

**Instructor Financial Disclosure(s):** Mary is an active member of Interactive Metronome's Clinical Advisory Board and is Interactive Metronome's Occupational Therapy Consultant for the American Occupational Therapy Association (AOTA), for which she receives an annual honorarium from Interactive Metronome, Inc. She is the author/co-author of numerous courses & publications that focus on the clinical application of Interactive Metronome technology, for which she has received honoraria from Interactive Metronome, Inc. Mary does not receive royalties or any other form of compensation for the continued publication and use of educational materials she has authored/coauthored. Mary is an instructor for Interactive

Metronome. She receives a fee for teaching each course and reimbursement of travel expenses from Interactive Metronome, Inc. Mary does not sell or receive compensation for the sale of Interactive Metronome products.

**Instructor Nonfinancial Disclosure(s):** Mary periodically contributes blog posts to [www.interactivemetronome.com](http://www.interactivemetronome.com) that are clinical in nature. She does not receive compensation for this. Mary is the owner of Sensational Kids, LLC, and uses Interactive Metronome in her practice.

**Course Content Disclosure:**

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**Course Origination Date\*:** 12/16/2009

\*Course content is reviewed annually to make sure it remains current and relevant to the practice of Interactive Metronome.

**Agenda (60 minutes):**

- Speaker introduction & disclosure
- School environment considerations
- Ages of students to be served
- Space considerations
- IM provider disciplines
- Getting IM into the school – what do you say?
- Pathways Center pilot study
- Benton Public Schools pilot study
- Research considerations
- Fitting IM into the school curriculum
- Financial considerations
- Group considerations
- Online post-test & course evaluation

**Instructional Methods:**

- Lecture
- PPT

**Contact Hours/AOTA CEUs:**

0.1 AOTA; 1.25 NBCOT PDUs(1.0 contact hour)

PT/PTA & Other Disciplines Not Listed Above: If your discipline or state is not listed above, you may submit paperwork to your state board or association for CEUs if they allow you to do so. Please check with your state board/association prior to registering for this course.

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