

Rehabilitating Ataxia with Interactive Metronome



Course Description:

There are many conditions and a variety of techniques included in clinical management of Ataxia. Just as the presentation of ataxia may vary, so too can the application of the Interactive Metronome (IM) Program within this population group – a key to treatment planning, therefore, is flexibility in its customized application. As length of stay and duration of rehabilitation are under constant scrutiny, it is vital to approach clinical management of patients with ataxia with fresh, creative and effective modalities that measurably demonstrate a patient's progress. This course will provide a broad base of knowledge to cover all clinical establishments and to give IM providers the tools they need to transition to the next step in treatment planning and in applying their use of the IM toward functional treatment outcomes. Course material will be in power-point style with easy to reference lists and learning tools. Photographic examples and video media will be presented to illustrate salient points. ***Contact hours are offered pending successful completion of a written exam at the end of the course.**

Target Audience:

This course welcomes the following professionals who have completed the Interactive Metronome Certification Course.

- Occupational Therapist
- Certified Occupational Therapy Asst
- Physical Therapist
- Physical Therapy Asst
- Athletic Trainer
- Licensed Medical Professional

Instructional Level:

Advanced

Learning Outcomes:

Upon completion of this course, participants will be able to:

1. Recognize the clinical benefit of including feedback for rhythm and timing (Interactive Metronome) within engaging & repetitive cognitive and motor exercises for patients with ataxia;
2. Create on-the-spot treatment modifications for patients with ataxia using the Interactive Metronome Program (IM);
3. Develop a repertoire of treatment techniques for use ataxic patients;
4. Demonstrate evidence-based practice through measurable treatment gains and functional goal achievement with use of the IM for patients with ataxia.

***Note: This course covers information that pertains to licensed therapists and therapy assistants. COTA and PTA professionals must practice IM under the supervision of a licensed OT or PT.**

Mary Jones, OTR/L, LMT, CIMT graduated from St. Loe's School of Occupational Therapy (UK) in 1986. Has been an Occupational Therapist for 20 (+) years and has been practicing in the USA since 1993. Additional training has included a BS in Healthcare and Social Welfare from Manchester University in 1992, Massage Therapy License in 1996, NDT certification in 1994. Mary has worked in a variety of healthcare settings in both the USA and the UK. These include home health in the inner-city (London), orthopedics, geriatric psychiatry, outpatient rehab, brain injury specialty (adult and pediatric) and pediatric outpatient therapy. Clinical advanced training includes NDT advanced courses, infant massage certification, cranio-sacral therapy, myofascial release techniques, motor control and the development of motor learning, Therapeutic Listening Program, Integrated Listening Systems, Brain Gym, Pilates, Active Isolated Stretching Techniques, Visual-motor Training, Vestibular Training, Beckman Oral Motor Assessment and Intervention, Handwriting Without Tears, ADHD and Nutrition Interventions, Aromatherapy, Aquatic Therapy, Sensory Integration assessment and interventions, Autism assessment and interventions, Interactive Metronome Certification and Development of Best Practice Strategies with IM. Mary owns her own pediatric practice "Sensational Kids LLC", based out of Bradenton, FL. Mary has lectured extensively in her field at a local and national level.

Disclosures:

Instructor Financial Disclosure(s): Mary is an active member of Interactive Metronome's Clinical Advisory Board and is Interactive Metronome's Occupational Therapy Consultant for the American Occupational Therapy Association (AOTA), for which she receives an annual honorarium from Interactive Metronome, Inc. She is the author/co-author of numerous courses & publications that focus on the clinical application of Interactive Metronome technology, for which she has received honoraria from Interactive Metronome, Inc. Mary does not receive royalties or any other form of compensation for the continued publication and use of educational materials she has authored/coauthored. Mary is an instructor for Interactive

Metronome. She receives a fee for teaching each course and reimbursement of travel expenses from Interactive Metronome, Inc. Mary does not sell or receive compensation for the sale of Interactive Metronome products.

Instructor Nonfinancial Disclosure(s): Mary periodically contributes blog posts to www.interactivemetronome.com that are clinical in nature, although she does not receive compensation for this. Mary also owns a private practice in Bradenton, FL where Interactive Metronome is used with a variety of clients ranging in age from infancy to the elderly.

Course Content Disclosure:

The Interactive Metronome, Inc. has developed and patented a licensed technology trademarked as the Interactive Metronome®. (U.S. Patents #4,919,030; #5,529,498; #5,743,744; #6,719,690; other U.S. and foreign patents pending) Interactive Metronome, Inc. is the sole source of the following products: Interactive Metronome®, Gait Mate® and IM Home®. Because there are no other like-kind products available, course offerings will only cover information that pertains to the effective and safe use of the above-named products.

Agenda (60 minutes):

- Speaker introduction & disclosure
- Ataxia overview
- Administering Interactive Metronome to improve motor skills
- Equipment considerations
- Videos: Various adaptive exercises to treat ataxia
- Outcomes
- Q & A
- Online post-test & course evaluation

Instructional Methods:

LECTURE, PPT, PHOTOS, VIDEOS

CEUs Offered for:

0.1 AOTA / 1.25 NBCOT PDUs (OT/COTA)

PT/PTA & Other Disciplines Not Listed Above: If your discipline or state is not listed above, you may submit paperwork to your state board or association for CEUs if they allow you to do so. Please check with your state board/association prior to registering for this course.

This is not a co-sponsored or cooperative course offering. Interactive Metronome, Inc. is the organization responsible for creating the content & awarding AOTA CEUs.



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