

Using IM in Skilled Nursing Facilities



Course Description:

Demand for nursing home and other health-care services for the elderly will increase significantly as the baby-boomers age. At current usage rates, there will be approximately 3 million residents in nursing homes by the year 2030. This is roughly double the current number of nursing home residents. Interactive Metronome (IM) is rapidly becoming a standard of care & valuable treatment tool in the skilled nursing environment, capitalizing upon the critical role mental timing plays in the rehabilitation of communication/language, ability to perform ADLs, functional mobility, and safety awareness/judgment. This course is designed to teach the clinician to accurately identify candidates for IM and to develop appropriate treatment plans that take into consideration the medical conditions and functional needs of skilled nursing residents. *This course is not offered for contact hours/CEUs.*

Target Audience:

- Speech and Language Pathologist
- Speech and Language Pathology Assistant
- Occupational Therapist
- Occupational Therapy Assistant
- Physical Therapist
- Physical Therapy Assistant
- Athletic Trainer
- Licensed Medical, Rehabilitation or Mental Health Professional
- Music Therapist

Learning Outcomes:

Upon completion of this course, participants will be able to:

- Accurately select patients in the skilled nursing facility who may benefit from incorporating timing & rhythm into treatment of communicative, cognitive, and motor skills in order to achieve optimal & efficient treatment outcomes;
- Create appropriate treatment plans for skilled nursing patients when using Interactive Metronome in order to improve functional level of independence;
- Develop functional and measurable short and long term treatment goals for skilled nursing patients who are receiving IM as part of their rehabilitation plan.

**Note: This course covers information that pertains to licensed therapists and therapy assistants. OTA and PTA professionals must practice IM under the supervision of a licensed OT or PT.*

Specific Learning Outcomes for Speech-Language Pathologists & Audiologists:

- Accurately select patients in the skilled nursing facility who may benefit from incorporating timing & rhythm into treatment for communication skills;
- Create appropriate treatment plans for skilled nursing patients when using Interactive Metronome in order to improve functional communication skills;
- Develop functional and measurable short and long term treatment goals for skilled nursing patients who are receiving IM as part of their rehabilitation plan.

**Note: This course covers information that pertains to licensed therapists and therapy assistants. SLPA professionals must practice IM under the supervision of a licensed SLP.*

Instructor:

Dara Coburn, MS, CCC-SLP received her undergraduate and masters degree from the University of Central Arkansas and holds the Certificate of Clinical Competence issued by the American Speech-Language-Hearing Association. Dara served as the National Program Champion for Interactive Metronome within the HealthSouth Corporation. She currently serves as Interactive Metronome's Clinical Support contact person for Life Care Centers of America. Dara has been teaching IM Certification Courses since 2007 and has contributed to the development of the Adult Best Practice Certification Course and Fall Prevention Protocol. With expertise and experience in the field of neurological disorders, Dara has been able to accept this new treatment tool and successfully integrate it into her practice by modifying it to individually meet her patient's needs

Disclosures:

Instructor Financial Disclosure(s): Dara is an active member of Interactive Metronome's Clinical Advisory Board, for which she receives an annual honorarium from Interactive Metronome, Inc. She is the author/co-author of educational offerings on

the clinical application of Interactive Metronome technology, for which she has received honoraria from Interactive Metronome, Inc. She does not receive royalties or any other form of compensation for the continued publication and use of educational materials she has authored/coauthored. Dara is also an instructor for Interactive Metronome, for which she receives a fee for teaching each course and reimbursement of travel expenses from Interactive Metronome, Inc. Dara provides clinical consultation to IM providers and receives a consulting fee from Interactive Metronome for these extended educational services from Interactive Metronome, Inc. She currently serves as Interactive Metronome's Clinical Support contact person for Life Care Centers of America and is compensated for this by Interactive Metronome, Inc. Dara does not sell or receive compensation for the sale of Interactive Metronome products.

Instructor Nonfinancial Disclosure(s): Dara does not have any relevant nonfinancial relationships to disclose.

Course Content Disclosure:

The Interactive Metronome, Inc. has developed and patented a licensed technology trademarked as the Interactive Metronome®. (U.S. Patents #4,919,030; #5,529,498; #5,743,744; #6,719,690; other U.S. and foreign patents pending) Interactive Metronome, Inc. is the sole source of the following products: Interactive Metronome®, Gait Mate® and IM Home®. Because there are no other like-kind products available, course offerings will only cover information that pertains to the effective and safe use of the above-named products.

Agenda (60 minutes):

- Speaker introduction & disclosure
- Skilled Nursing – Overview
- Interactive Metronome: Candidacy
- Timing Skills and Aging
- Considerations:
 - Stamina
 - Fatigue
 - Scheduling & Therapy Needs
 - Positioning & Physical Limitations
 - Cognitive Deficits
 - Patient/Family Education
- Expected Outcomes
- Portability
- Documentation & Therapeutic Goals for SNF Population

Instructional Methods:

LECTURE, PPT

Contact Hours/CEUs:

This course is not offered for contact hours/CEUs.