

## Course Description:

This course is an in-depth look at how the IM can be adapted for use with a group. You will learn what to consider when setting up a group, including equipment, and how to make adjustments using critical thinking. The course outlines a therapist instructing a group of three pediatric clients through eight weeks of an Interactive Metronome Group. The strategies used can be applied to groups of any age or population. How to make the best use of group dynamics will also be discussed in respect to keeping individuals motivated as well as how they can work together. *This course is not offered for contact hours/CEUs.*

## Target Audience:

- Occupational Therapist
- Occupational Therapy Assistant
- Physical Therapist
- Physical Therapy Assistant
- Athletic Trainer
- Licensed Medical, Rehabilitation or Mental Health Professional
- Music Therapist
- Educator

## Learning Outcomes:

Upon completion of this course, participants will be able to:

1. Plan and set up for a group of clients to participate in the Interactive Metronome;
2. Use the Auto Train feature to individualize the IM even in a group setting;
3. Learn how to make the IM more engaging for a group experience.

*\*Note: This course covers information that pertains to licensed therapists and therapy assistants. OTA and PTA professionals must practice IM under the supervision of a licensed OT or PT.*

## Instructor:

**Jonathan P. McKee, OTR/L** earned a Bachelor's degree in Occupational Therapy from the Medical College of Georgia and a Bachelor's degree in Business Administration from the University of Central Florida. He is the proprietor of Life Cycle Therapy providing specialized evidence based treatments focusing on the child's individual potential to improve. In his practice he uses specific sensory-based approaches to make neurological changes. Jonathan earned the RIMC designation from IM in 2006 and has successfully implemented the IM Home programs with children and adults for the past several years. He has been interviewed for both the Birmingham News and TalkAutism about the success his clients have experienced with IM. He has earned various certifications and licenses and received the Achiever's Award for Dedicated Service to Children. Jonathan has focused on bringing the IM conveniently to his clients' homes and has learned how to adapt the IM for clients ranging from limited to accelerated abilities.

## Disclosures:

**Instructor Financial Disclosure(s):** Jonathan is the author of course materials that focus on the clinical application of Interactive Metronome technology, for which he has received honoraria from Interactive Metronome, Inc. He does not receive royalties or any other form of compensation for the continued publication and use of educational materials he has authored. Jonathan is also an instructor for Interactive Metronome, for which he receives a fee for teaching each course and reimbursement of travel expenses from Interactive Metronome, Inc. Jonathan does not sell or receive compensation for the sale of Interactive Metronome products.

**Instructor Nonfinancial Disclosure(s):** Jonathan is the owner of Life Cycle Therapy where he and staff use Interactive Metronome in clinical practice.

## Course Content Disclosure:

The Interactive Metronome, Inc. has developed and patented a licensed technology trademarked as the Interactive Metronome®. (U.S. Patents #4,919,030; #5,529,498; #5,743,744; #6,719,690; other U.S. and foreign patents pending) Interactive Metronome, Inc. is the sole source of the following products: Interactive Metronome®, Gait Mate® and IM Home®. Because there are no other like-kind products available, course offerings will only cover information that pertains to the effective and safe use of the above-named products.

**Agenda (60 minutes):**

- Speaker introduction & disclosure
- IM group concept
- Evaluations
- Case studies
  - Set-up
  - Training
  - Functional activities to follow IM training
  - Motivational strategies
  - Outcomes
- Summary

**Instructional Methods:**

LECTURE, PPT, VIDEO

**Contact Hours/CEUs:**

This course is not offered for contact hours/CEUs.