"I have used the Interactive Metronome[®] system since 2006. As an occupational therapist working in the school system and in private practice, I have found the Interactive Metronome[®] to be a profoundly effective intervention. Results that I have seen include generalized improvements with body awareness, spatial awareness, self-monitoring, motor planning and attention as well as numerous functional task improvements. These results have emerged for my students, my clients, my family and myself. The system is so beautifully and flexibly designed that I have been able to adapt its use as a powerful intervention booster with hundreds of students and clients with a wide range of ages and abilities. It is a cornerstone of my practice as an OT."



