

## Developing the IM Training Plan



*Learn How to Manipulate & Leverage IM Settings According to Individual Patient Needs in Order to Facilitate Timing & Rhythm*

### Course Description:

The purpose of this course is to advance your clinical knowledge & implementation of the Interactive Metronome (IM) within the healthcare setting. You will learn how to select appropriate software settings as you begin IM training with your patient following completion of the initial baseline assessment. By manipulating & leveraging IM settings, you will provide your patient with an engaging and rewarding learning experience as (s)he improves neural synchronization & function over the course of training. Individualizing your approach for patient-specific needs will also be discussed.

**\*Contact hours are offered pending successful completion of a written exam at the end of the course.**

### Target Audience:

This course welcomes the following professionals who have completed the Interactive Metronome Certification Course.

- Speech and Language Pathologist
- Speech and Language Pathology Asst
- Audiologist
- Occupational Therapist
- Certified Occupational Therapy Asst
- Physical Therapist
- Physical Therapy Asst
- Certified Athletic Trainer
- Licensed Medical, Rehabilitation or Mental Health Professional

### Instructional Level:

Intermediate

### Learning Outcomes:

Upon completion of this course, participants will be able to:

- Select appropriate IM settings for treatment based upon interpretation of baseline IM assessment data;
- Modify your approach to IM training based upon patient-specific needs to facilitate learning;
- Leverage IM settings in order to further refine neural timing & synchronization once the patient learns to respond to the auditory/visual feedback for timing.

**\*Note: This course covers information that pertains to licensed therapists and therapy assistants. COTA and PTA professionals must practice IM under the supervision of a licensed OT or PT.**

### Specific Learning Outcomes for Speech-Language Pathologists & Audiologists:

Upon completion of this course, participants will be able to:

- Select appropriate IM settings for treatment based upon interpretation of baseline IM assessment data in order to facilitate better timing & synchronization for cognitive, communicative, and social/behavioral functioning;
- Modify your approach to IM training based upon patient-specific needs to facilitate learning;
- Leverage IM settings in order to further refine neural timing & synchronization once the patient learns to respond to the auditory/visual feedback for timing.

**\*Note: This course covers information that pertains to licensed therapists and therapy assistants. SLPA professionals must practice IM under the supervision of a licensed SLP.**

### Instructor:

**Dara Coburn, MS, CCC-SLP** received her undergraduate and masters degree from the University of Central Arkansas and holds the Certificate of Clinical Competence issued by the American Speech-Language-Hearing Association. Dara served as the National Program Champion for Interactive Metronome within the HealthSouth Corporation. She currently serves as Interactive Metronome's Clinical Support contact person for Life Care Centers of America. Dara has been teaching IM Certification Courses since 2007 and has contributed to the development of the Adult Best Practice Certification Course and Fall Prevention Protocol. With expertise and experience in the field of neurological disorders, Dara has been able to accept this new treatment tool and successfully integrate it into her practice by modifying it to individually meet her patient's needs

**Disclosures:**

**Instructor Financial Disclosure(s):** Dara is an active member of Interactive Metronome's Clinical Advisory Board, for which she receives an annual honorarium from Interactive Metronome, Inc. She is the author/co-author of educational offerings on the clinical application of Interactive Metronome technology, for which she has received honoraria from Interactive Metronome, Inc. She does not receive royalties or any other form of compensation for the continued publication and use of educational materials she has authored/coauthored. Dara is also an instructor for Interactive Metronome, for which she receives a fee for teaching each course and reimbursement of travel expenses from Interactive Metronome, Inc. Dara provides clinical consultation to IM providers and receives a consulting fee from Interactive Metronome for these extended educational services from Interactive Metronome, Inc. She currently serves as Interactive Metronome's Clinical Support contact person for Life Care Centers of America and is compensated for this by Interactive Metronome, Inc. Dara does not sell or receive compensation for the sale of Interactive Metronome products.

**Instructor Nonfinancial Disclosure(s):** Dara does not have any relevant nonfinancial relationships to disclose.

**Course Content Disclosure:**

The Interactive Metronome, Inc. has developed and patented a licensed technology trademarked as the Interactive Metronome®. (U.S. Patents #4,919,030; #5,529,498; #5,743,744; #6,719,690; other U.S. and foreign patents pending) Interactive Metronome, Inc. is the sole source of the following products: Interactive Metronome®, Gait Mate® and IM Home®. Because there are no other like-kind products available, course offerings will only cover information that pertains to the effective and safe use of the above-named products.

**Agenda (60 minutes):**

- Speaker introduction & disclosure
- How does IM (to improve neural timing & synchronization) impact treatment outcomes?
- Using baseline assessment data to determine initial treatment settings
- Facilitating learning by adapting IM training for individual needs & leveraging IM settings
- Promoting successful outcomes
- Q & A
- Online post-test & course evaluation

**Instructional Methods:**

LECTURE, PPT

**CEUs Offered for:**

0.1 ASHA (SLP)

0.1 AOTA / 1.25 NBCOT PDUs (OT/COTA)

PT/PTA & Other Disciplines Not Listed Above: If your discipline or state is not listed above, you may submit paperwork to your state board or association for CEUs if they allow you to do so. Please check with your state board/association prior to registering for this course.

This is not a co-sponsored or cooperative course offering. Interactive Metronome, Inc. is the organization responsible for creating the content & awarding ASHA & AOTA CEUs.



Interactive Metronome is approved by the Continuing Education Board of the American Speech-Language-Hearing Association (ASHA) to provide continuing education activities in speech-language pathology and audiology. See course information for number of ASHA CEUs, instructional level and content area. ASHA CE Provider approval does not imply endorsement of course content, specific products or clinical procedures.

This course is offered for 0.1 ASHA CEU (Intermediate level, Professional area).

Effective July 1, 2011, individuals must meet at least one of the following conditions in order to be eligible to earn ASHA CEUs.

- ASHA Member (includes Life member and International affiliates)
- ASHA Certificate of Clinical Competence (CCC) Holder
- Licensed by a state or provincial regulatory agency to practice speech-language pathology (SLP) or audiology
- Credentialed by a state regulatory agency to practice SLP or audiology
- Credentialed by a national regulatory agency to practice SLP or audiology
- Currently enrolled in a masters or doctoral program in SLP or audiology



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CONTINUING EDUCATION**  
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Therapy Association, Inc.

Interactive Metronome, Inc is an AOTA Approved Provider (#4683). This intermediate course is offered for 1 contact hour/0.1 AOTA CEU (Classification Codes - Domain of OT-ACTIVITY DEMANDS, OT Process-INTERVENTION). The assignment of AOTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by AOTA.