

# Efficient Programming - IM in a Group Therapy Setting



## Course Description:

The purpose of this course is to outline strategies for implementing an IM group therapy program. This webinar will describe one successful pediatric group therapy program and discuss various ways to adapt this concept for other clinics and populations. This presentation will focus on identifying key components to successful group programming, including identifying appropriate patients, writing programming objectives, and selecting appropriate treatment activity ideas.

**\*Contact hours are offered pending successful completion of a written exam at the end of the course.**

## Target Audience:

This course welcomes the following professionals who have completed the Interactive Metronome Certification Course.

- Speech and Language Pathologist
- Speech and Language Pathology Asst
- Audiologist
- Occupational Therapist
- Certified Occupational Therapy Asst
- Physical Therapist
- Physical Therapy Asst
- Athletic Trainer
- Licensed Medical, Rehabilitation or Mental Health Professional
- Music Therapist
- Educator

## Instructional Level:

Advanced

## Learning Outcomes:

Upon completion of this course, participants will be able to:

- Identify appropriate candidates for group therapy;
- Describe benefits of using IM in a group program;
- Immediately implement group treatment ideas & strategies.

**\*Note: This course covers information that pertains to licensed therapists and therapy assistants. COTA and PTA professionals must practice IM under the supervision of a licensed OT or PT.**

## Specific Learning Outcomes for Speech-Language Pathologists & Audiologists:

- Identify appropriate candidates for group therapy;
- Describe benefits of using IM in a group program for remediation of pediatric cognitive-linguistic disorders;
- Immediately implement group treatment ideas & strategies.

**\*Note: This course covers information that pertains to licensed therapists and therapy assistants. SLPA professionals must practice IM under the supervision of a licensed SLP.**

## Instructor:

**Kelly Grabendike, OTR/L** received her undergraduate and master's degrees from The University of Kansas. She initiated her pediatric training during an internship in Perth, Australia and has been working as a pediatric occupational therapist at Children's Mercy Hospital and Clinics in Kansas City, Missouri since her graduation in 2007. Kelly works with both inpatient and outpatient populations and incorporates the Interactive Metronome into both settings. Her primary clientele include children with neurologic injuries such as CVA, TBI, and SCI, as well as children with developmental delay, ADHD, autism, trauma histories, and sensory processing disorders. She works as part of a multi-disciplinary team at the hospital who address their client's needs from a holistic perspective and assure a well-rounded treatment approach.

## Disclosures:

**Instructor Financial Disclosure(s):** Kelly received an honorarium for the development and presentation of this course from Interactive Metronome, Inc. She does not receive royalties or any other form of compensation for the continued publication and use of educational materials she has authored. Kelly does not sell or receive compensation for the sale of Interactive Metronome products.

**Instructor Nonfinancial Disclosure(s):** Kelly uses the Interactive Metronome with her clients in inpatient and outpatient settings.

## Course Content Disclosure:

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## Agenda (60 minutes):

- Speaker introduction & disclosure
- Benefits of Group Therapy
- Difficulties with Group Therapy
- How to select appropriate clients for group therapy
- Outline of group therapy sessions
- Reward Systems for both individual clients and group programming.
- Parent/caregiver education needs
- Sample progression for group therapy.
- Program planning ideas
- Planning Supportive Activities for group programming
- Take-home messages and extra tips
- Q&A
- Online post-test & course evaluation

## Instructional Methods:

LECTURE, PPT

## CEUs Offered for:

0.1 ASHA (SLP)

0.1 AOTA / 1.25 NBCOT PDUs (OT/COTA)

PT/PTA & Other Disciplines Not Listed Above: If your discipline or state is not listed above, you may submit paperwork to your state board or association for CEUs if they allow you to do so. Please check with your state board/association prior to registering for this course.

This is not a co-sponsored or cooperative course offering. Interactive Metronome, Inc. is the organization responsible for creating the content & awarding ASHA & AOTA CEUs.



Interactive Metronome is approved by the Continuing Education Board of the American Speech-Language-Hearing Association (ASHA) to provide continuing education activities in speech-language pathology and audiology. **See course information for number of ASHA CEUs, instructional level and content area.** ASHA CE Provider approval does not imply endorsement of course content, specific products or clinical procedures.

This course is offered for 0.1 ASHA CEU (Advanced level, Professional area).

Effective July 1, 2011, individuals must meet at least one of the following conditions in order to be eligible to earn ASHA CEUs.

- ASHA Member (includes Life member and International affiliates)
- ASHA Certificate of Clinical Competence (CCC) Holder
- Licensed by a state or provincial regulatory agency to practice speech-language pathology (SLP) or audiology
- Credentialed by a state regulatory agency to practice SLP or audiology
- Credentialed by a national regulatory agency to practice SLP or audiology
- Currently enrolled in a masters or doctoral program in SLP or audiology



**APPROVED PROVIDER of CONTINUING EDUCATION**

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