

# Tips for Treating Children with ADHD and SPD



## Course Description:

Many clients who use Interactive Metronome have ADHD and/or sensory processing disorder. These diagnoses carry unique challenges for the use of I.M. This course will help Interactive Metronome practitioners use sensory strategies to assist clients in achieving their goals.

**\*Contact hours are offered pending successful completion of a written exam at the end of the course.**

## Target Audience:

This course welcomes the following professionals who have completed the Interactive Metronome Certification Course.

- Speech and Language Pathologist
- Speech and Language Pathology Asst
- Audiologist
- Occupational Therapist
- Certified Occupational Therapy Asst
- Physical Therapist
- Physical Therapy Asst
- Athletic Trainer
- Licensed Medical, Rehabilitation or Mental Health Professional
- Music Therapist
- Educator

## Instructional Level:

Advanced

## Learning Outcomes:

Upon completion of this course, participants will be able to:

- Select clients with diagnoses of ADHD and/or SPD who will benefit most from incorporating Interactive Metronome into their treatment plan;
- Demonstrate practical strategies to increase comfort level and motivation toward treatment for use with clients who exhibit ADHD/ SPD;
- Provide specific ideas for problem-solving when clients appear to have reached a plateau in treatment to assist them in making further gains.

**\*Note: This course covers information that pertains to licensed therapists and therapy assistants. COTA and PTA professionals must practice IM under the supervision of a licensed OT or PT.**

## Specific Learning Outcomes for Speech-Language Pathologists & Audiologists:

- Select clients with diagnoses of ADHD and/or SPD who will benefit most from incorporating Interactive Metronome into the treatment of speech/language and cognitive/communicative skills;
- Demonstrate practical strategies to increase comfort level and motivation toward treatment for use with clients who exhibit ADHD/ SPD;
- Provide specific ideas for problem-solving when clients appear to have reached a plateau in treatment to assist them in making further gains.

**\*Note: This course covers information that pertains to licensed therapists and therapy assistants. SLPA professionals must practice IM under the supervision of a licensed SLP.**

## Instructor:

**Linda Golden-Marx, OTR/L** has been a pediatric occupational therapist for over 30 years. She has worked in public schools and has been in private practice for over 20 years in Westchester County, N.Y. Her practice focuses on children with diagnoses of sensory processing disorder, attention deficit hyperactivity disorder, and autistic spectrum disorder. Linda graduated with a B.S. in occupational therapy from Boston University. She is certified in the administration and interpretation of the Sensory Integration and Praxis Tests and is trained in Therapeutic Listening the The Listening Program. Linda has been using Interactive Metronome with her clients since 2002 to improve attention, regulation and motor planning. She looks forward to sharing her strategies with other IM practitioners.

**Disclosures:****Instructor Financial Disclosure(s):**

Linda received an honorarium from Interactive Metronome, Inc. for the development & presentation of this educational content. She does not receive royalties or any other form of compensation for the continued publication and use of educational materials she has authored.

**Instructor Nonfinancial Disclosure(s):** Linda uses Interactive Metronome with patients in private practice.

**Course Content Disclosure:**

The Interactive Metronome, Inc. has developed and patented a licensed technology trademarked as the Interactive Metronome®. (U.S. Patents #4,919,030; #5,529,498; #5,743,744; #6,719,690; other U.S. and foreign patents pending) Interactive Metronome, Inc. is the sole source of the following products: Interactive Metronome®, Gait Mate® and IM Home®. Because there are no other like-kind products available, course offerings will only cover information that pertains to the effective and safe use of the above-named products.

**Agenda (60 minutes):**

- Speaker introduction & disclosure
- Unique challenges for children with SPD and ADHD
- Detailed case examples of IM treatment – including approach & response to treatment
  - Julia
  - Jack
  - William
  - Nathan
- Ongoing assessment & adaptations/best practices based upon child's response to intervention
- Tips for success
- Online post-test & course evaluation

**Instructional Methods:**

LECTURE, PPT, PHOTOS, CASE STUDY

**CEUs Offered for:**

0.1 ASHA (SLP)

0.1 AOTA / 1.25 NBCOT PDUs (OT/COTA)

PT/PTA & Other Disciplines Not Listed Above: If your discipline or state is not listed above, you may submit paperwork to your state board or association for CEUs if they allow you to do so. Please check with your state board/association prior to registering for this course.

This is not a co-sponsored or cooperative course offering. Interactive Metronome, Inc. is the organization responsible for creating the content & awarding ASHA & AOTA CEUs.



**Interactive Metronome** is approved by the Continuing Education Board of the American Speech-Language-Hearing Association (ASHA) to provide continuing education activities in speech-language pathology and audiology. **See course information for number of ASHA CEUs, instructional level and content area.** ASHA CE Provider approval does not imply endorsement of course content, specific products or clinical procedures.

This course is offered for 0.1 ASHA CEU (Advanced level, Professional area).

Effective July 1, 2011, individuals must meet at least one of the following conditions in order to be eligible to earn ASHA CEUs.

- ASHA Member (includes Life member and International affiliates)
- ASHA Certificate of Clinical Competence (CCC) Holder
- Licensed by a state or provincial regulatory agency to practice speech-language pathology (SLP) or audiology
- Credentialed by a state regulatory agency to practice SLP or audiology
- Credentialed by a national regulatory agency to practice SLP or audiology
- Currently enrolled in a masters or doctoral program in SLP or audiology



**APPROVED PROVIDER of  
CONTINUING EDUCATION**  
by The American Occupational  
Therapy Association, Inc.

Interactive Metronome, Inc is an AOTA Approved Provider (#4683). This advanced course is offered for 1 contact hour/0.1 AOTA CEU (Classification Code - Domain of OT-ACTIVITY DEMANDS, Domain of OT-PERFORMANCE SKILLS, OT Process-INTERVENTION). The assignment of AOTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by AOTA.