

What is the secret ingredient in IM?

Picture a clock and imagine opening it up and looking at all the gears rotating in unison. Like a clock, your brain is an amazing machine that controls every function using precise timing and is used in virtually everything we do:

- Being able to focus on a teacher presenting a new concept.
- Hitting a baseball, learning piano, or simply grabbing a glass of water.
- Processing concepts in your mind and then through speech conveying these concepts to others.
- Organizing and storing information as well as retrieving that information when needed.
- It even controls when we want to sleep and wake up.

Interactive Metronome® is a research-backed treatment program that helps improve timing through exercise and practice. Better timing leads to improvements in things like focus, coordination, planning, as well as processing speed. Whether you are born with developmental deficit, suffering from a neurological injury, or battling a degenerative condition, IM is one of the key ingredients for enhancing your amazing time machine and improving your life.

How do I know if its right for me?

The Hybrid Plan:

- Use your insurance for in-clinic visits
- Face-to-Face time with your provider
- Continue your exercises from home
- Less up-front out of pocket cost

The Virtual Plan:

- No travel time to-from clinics
- Sessions are scheduled on your time
- Weekly progress reports from your provider



Get Started Today!

Call us at:
877-996-6776 opt. 2
Or visit
www.IMHome.org