Introduction to IM Adult Rehabilitation Best Practices



Course Description:

The need for ongoing training and education of certified Interactive Metronome providers for clinical application within adult rehabilitation has been identified. This course introduces the certified IM Provider to research in order to support evidencebased practice, as well as advanced practice guidelines and techniques applicable to adult neuro and ortho clinical populations. Photos will be shared to illustrate best practices.

*Contact hours are offered pending successful completion of a written exam at the end of the course.

Target Audience:

This self-study welcomes the following professionals who have completed the Interactive Metronome Certification Course.

- Speech and Language Pathologist
- Speech and Language Pathology Asst
- Audiologist
- Occupational Therapist
- Certified Occupational Therapy Asst
- Physical Therapist
- Physical Therapy Asst
- Athletic Trainer
- Psychologist
- Psychiatrist
- Neurologist
- Licensed Medical, Rehabilitation or Mental Health Professional

Instructional Level:

Introductory

Learning Outcomes:

Upon completion of this course, participants will be able to:

- Explain the value and importance of incorporating best clinical practices into basic Interactive Metronome (IM) practice for rehabilitation of adult patients;
- Recite and apply the seven key facts supporting use of clinical best practices;
- Demonstrate understanding of the underlying principles of clinical IM best practices for adult neuro and ortho populations and incorporate them into their current practice.

*Note: This course covers information that pertains to licensed therapists and therapy assistants. COTA and PTA professionals must practice IM under the supervision of a licensed OT or PT.

Specific Learning Outcomes for Speech-Language Pathologists & Audiologists:

- Explain the value and importance of incorporating best clinical practices into basic Interactive Metronome (IM) practice for rehabilitation of adult patients with cognitive & communication disorders;
- Recite and apply the seven key facts supporting use of clinical best practices in SLP practice;
- Demonstrate understanding of the underlying principles of clinical IM best practices for adult neuro patients with cognitive & communicative disorders and incorporate them into current SLP practice.

*Note: This course covers information that pertains to licensed therapists and therapy assistants. SLPA professionals must practice IM under the supervision of a licensed SLP.

Instructor:

Andrew Dillen Hartley, OTR/L graduated from the University of Pretoria, South Africa, school of Occupational Therapy in 1995 and moved to the USA in 1996. He is co-owner of Advanced Therapy Solutions, Inc, an outpatient Physical and Occupational Therapy practice serving clients of all ages in five locations. Mr. Hartley has 14 years of clinical experience and is trained in multiple treatment approaches with both adults and pediatrics. His interests include the treatment of deficits related to stroke, traumatic brain injury, Autism, development disorders, sensory processing disorders, ADHD, ADD and learning disabilities in infants, children and adults. His experience with sensory integration, neuromuscular re-education, brain gym, vision therapy, environmental adaptation, Tai-Chi, yoga and technology based treatment approaches for all ages has served him well as a presenter of certification courses, webinars and professional seminars. Mr. Hartley serves as a clinical advisor for Interactive Metronome and other "Therapy based" companies in research, protocol and practice development areas.

Agenda

CEUs Offered for:

0.1 ASHA (SLP/SLPAs) 0.1 AOTA (OT/COTAs) *PTs & PTAs may submit paperwork to your state board for CEUs



Interactive Metronome is approved by the Continuing Education Board of the American Speech-language-Hearing Association (ASHA) to provide continuing education activities in speech-language pathology and audiology. See course information for number of ASHA CEUs, instructional level and content area. ASHA CE Provider approval does not imply endorsement of course content, specific products or clinical procedures.

This course is offered for <u>0.1</u> ASHA CEUs (Introductory level, <u>Professional</u> area).



APPROVED PROVIDER of CONTINUING EDUCATION

by The American Occupational Therapy Association, Inc. Interactive Metronome is approved by the Continuing Education board of AOTA to provide continuing education activities in occupational therapy. This program is offered for 0.1 CEUs (Introductory Level). The assignment of AOTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by AOTA.