# **IM-Home Specialist Coaching**



# **Course Description:**

Join us for an advanced educational program leading to the IM-Home Specialist Designation (IMHS). This course will cover more advanced topics pertaining to the clinical application of IM-Home, including a more interactive format designed to help participants troubleshoot for existing clients and use clinical reasoning to facilitate successful IM Home training & outcomes. Participants will learn the skills necessary to adapt to often fluctuating clinical presentations with individualized treatment approaches that are engaging and motivating.

To be eligible for this course, participants must meet all of the following prerequisites:

- Participants must have successfully completed the basic Interactive Metronome Certification Course.
- Participants must have successfully completed mandatory Clinical Certification Coaching (competency training).
- Participants must have successfully completed IM Home Certification Coaching.
- In order to derive benefit from this program, participants must have at least one client that is actively using the IM Home in order to participate.

\*Contact hours are offered pending successful completion of a written exam at the end of the course.

# **Target Audience:**

This course welcomes the following professionals who meet the prerequisites listed above:

- Speech and Language Pathologist
- Speech and Language Pathology Asst
- Audiologist
- Occupational Therapist
- Certified Occupational Therapy Asst
- Physical Therapist
- Physical Therapy Asst
- Athletic Trainer
- Licensed Medical, Rehabilitation or Mental Health Professional
- Music Therapist

## **Instructional Level:**

Advanced

### **Learning Outcomes:**

Upon completion of this course, participants will be able to:

- Use clinical reasoning when evaluating client performance on IM Home in order to develop effective treatment plans:
- Use existing templates or create own treatment plans when using IM Home based upon client's often fluctuating presentation and performance;
- Use various age-appropriate strategies to keep clients motivated to complete IM Home exercises as prescribed;
- Communicate effectively with caregiver(s) and elicit their assistance in the implementation of IM Home.

\*Note: This course covers information that pertains to licensed therapists and therapy assistants. COTA and PTA professionals must practice IM under the supervision of a licensed OT or PT.

## Specific Learning Outcomes for Speech-Language Pathologists & Audiologists:

- Use clinical reasoning when evaluating client performance on IM Home in order to develop effective treatment plans to address speech/language and cognitive/communicative skills;
- Use existing templates or create own treatment plans when using IM Home based upon client's often fluctuating presentation and performance;
- Use various age-appropriate strategies to keep clients motivated to complete IM Home exercises as prescribed;
- Communicate effectively with caregiver(s) and elicit their assistance in the implementation of IM Home.

\*Note: This course covers information that pertains to licensed therapists and therapy assistants. SLPA professionals must practice IM under the supervision of a licensed SLP.

#### Instructors:

**Sherrie Hardy** is a credentialed elementary and middle-school teacher (grades K-9) with reading and adult education credentials, a master's degree in marital and family therapy, and MIMC Interactive Metronome certification who has trained in sensory integration and perceptual-motor integration. Sherrie has designed perceptual-motor training programs in school, hospital, youth club and therapy clinics. Sherrie opened Hardy Brain Training in Camarillo, CA in 2003 which specializes in creating success for children, teens and adults who struggle with attention, learning and behavior difficulties that have not been successfully treated by special school programs, IEPs, 504 plans, tutoring, counseling, therapy and other programs.

Instructor Financial Disclosure(s): Sherrie is the author/co-author of educational offerings on the clinical & logistical application of IM Home technology, for which she has received honoraria. She does not receive royalties or any other form of compensation for the continued publication and use of educational materials she has authored/coauthored. Sherrie does not sell or receive compensation for the sale of Interactive Metronome System products.

Instructor Nonfinancial Disclosure(s): Sherrie is actively engaged in large scale independent clinical research examining the effect of IM Home training on academic achievement in young members of the Boys & Girls Club in several locations in California. She has not received financial or other assistance from Interactive Metronome, Inc for this research, and she does not benefit financially from it.

#### Course Disclosure:

The Interactive Metronome, Inc. has developed and patented a licensed technology trademarked as the Interactive Metronome®. (U.S. Patents #4,919,030; #5,529,498; #5,743,744; #6,719,690; other U.S. and foreign patents pending) Interactive Metronome, Inc. is the sole source of the following products: Interactive Metronome®, Gait Mate® and IM Home®. Because there are no other like-kind products available, course offerings will only cover information that pertains to the effective and safe use of the above-named products.

## Agenda:

- Speaker introduction & disclosure
- Part 1
  - o Ratings & Assessments
  - Your Responsibilities as an IM-Home Specialist
  - Using LFA Results to Select Training Templates
  - Scheduling IM Home Sessions
  - Motivating Your Clients Remotely for Success
  - Case Analysis
  - Interactive Client Discussion
- Part 2
  - Evaluating Client Progress
  - Adjusting Training Plans
  - o Interactive Client Discussion
  - Post-Test & Course Evaluation