



interactive metronome

Accelerate Outcomes.
Exceed Expectations.

IM Portable Pro Unit Training Call

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Slide 1



Interactive Metronome is excited to announce the release of IM Portable Pro Units (PPUs) made exclusively for HealthSouth!



HEALTHSOUTH


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PPU Features

- **Portable**
- **Compact Packaging**
- **Lightweight**
- **Compatible with IM Universe software**
- **Exclusive design to work with clinician's computers**



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PPU Benefits

- **Allow clinicians to have greater access to IM technology and, therefore, more patients can benefit from its' use.**
- **More use in both Inpatient and Outpatient for Ambulatory and Non Ambulatory Patients**
- **Allows for most appropriate time to use the intervention**
 - **Quick set-up**
 - **Allows for control of environment**
 - Limit distractions
 - Bedside utilization

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What is Included?

- Portable MCU
- Hand Glove
- Wired Trigger Set
- USB Cable
- Mini Headphones



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IM Pro Unit

- IM Universe software
- eClinic Compatibility
- Master Control Unit
- Wired & Wireless Triggers
- In-Motion Insole Triggers

IM PPU

- IM Universe software
- eClinic Compatibility
- Portable Control Unit
- Wired Triggers
- Portable Packaging



• HealthSouth clinicians will continue to use the IM Pro as a treatment modality, but each hospital will receive additional IM PPUs units based on their census.

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Slide 6



When to Expect your IM PPUs

- March 7th – March 10th: Central and West
- March 11th – March 16th: Southeast
- March 17th – March 22nd: Northeast
- March 23rd – March 28th: Southwest and Mid Atlantic

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PPU Equipment

IM Portable Pro Unit (PPU) Set Up Instructions



1 THE PPU

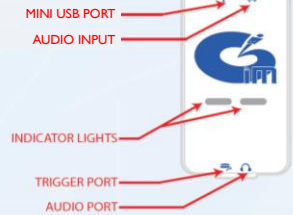
Locate the PPU.
The top of the PPU has:

- Audio Input
- Mini USB Port

The bottom of the PPU has:

- Wired Trigger Port
- Audio Port

The Indicator Lights are located in the center of the PPU.



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2 CONNECT THE TRIGGERS

Connect the splitter to the bottom of the PPU in the trigger port

Connect the button trigger to the splitter

Connect the tap mat to the splitter

Your triggers should look like this

The lights on the PPU will blink **RED** when the button trigger is pressed and blink **WHITE** when the tap mat is touched.

3 PLUG IN THE HEADPHONES

Plug the headphones into the audio port marked with a picture of headphones on the bottom of the PPU

DO NOT FORCE THE HEADPHONES IN!

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4 CONNECT THE USB & AUDIO CABLES TO THE PPU

Connect the smaller end of the USB cable to the USB port on the top of the PPU

Connect the audio cable to the Audio Input port on the top of the PPU

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5 CONNECT THE USB & AUDIO CABLES TO THE COMPUTER

Connect the larger end of the USB cable into an appropriate port on the Laptop.

The plug will only fit one way, do NOT force the USB cable in the wrong way!

6 PPU READY TO USE

When both indicator lights are blue PPU is ready to use.

TROUBLESHOOTING
If both lights are not blue:

- Move USB cable to another available port.
- If that does not work, make sure computer is NOT running off of battery power & unplug and replug USB cable into computer.

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Questions on PPU Set-Up or Equipment

Contact IM Technical Support at
(877) 994-6776 Opt. 5 or
support@interactivemetronome.com

- Instructions will be included with your PPU's

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IM Universe Software Installation

- Go to the link below or copy and paste into your browser:

<http://selfservice.healthsouth.com/ESD/Packages.aspx>

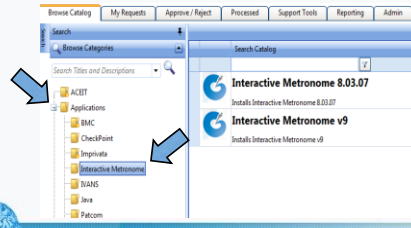
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IM Software Installation

- Click the **+** beside **Application** and then click on **Interactive Metronome**



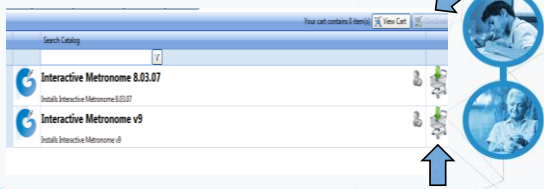
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IM Software Installation

- Click on the **shopping cart picture** for **Interactive Metronome v9** and click **Checkout**.



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IM Software Installation

- Click on the button for **"Me on machine XXXXXXXXXX"** then click **"Next"** in the upper right corner.



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IM Software Installation

Click on **“Complete Request”**



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IM Software Installation Assistance

Please contact the ITG Service Desk at 800-646-9404

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How Can IM PPU's facilitate Motor Learning?

Four factors of motor learning addressed by Interactive Metronome are:

1. Early cognitive engagement
2. Repetitive practice
3. Practice of specific functional motor skills
4. Feedback for millisecond timing to facilitate motor learning



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Addressing Patient Needs using Interactive Metronome Personal Pro Units

- Stamina
- Scheduling and Therapy needs
- Positioning/Physical Limitations
- Severity of Cognitive Deficits
- Portability

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Stamina

- **Easier access:**
 - Can provide *shorter but more frequent* use of the modality
 - Allows multiple clinicians and different disciplines to use modality throughout the day



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Scheduling/Therapy Needs

- **Easier access allows the clinician:**
 - to use the equipment when the patient's schedule permits
 - to utilize the equipment when the patient is most appropriate for intervention
 - to incorporate IM into other modalities



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Positioning/Physical/Cognitive Limitations

- **Easier access allows the clinician to:**
 - Utilize equipment in the position that is most effective for recovery
 - Utilize the modality at the level of patient's physical capability
 - Control environmental distractions more effectively



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Portability

- PPU's are accessible and available for patient and clinician success
- PPU's make the equipment accessible bedside as well as stationary for higher level balance, gait, and mobility gains
- PPU's allow for better organization of equipment, cords, headphones, and MCU, which is often the most challenging barrier to usage.



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HealthSouth IM Support Page

➤ go.interactivemetronome.com/HealthSouth

WE'RE HERE TO SUPPORT YOU!
HEALTHSOUTH

Check These Out...
Office Locations

How are you coping in a lean year?
Virtual Coach

- MI (MI) | Los Angeles, CA
- MI (MI) | Sacramento, CA
- MI (MI) | Chicago, IL
- MI (MI) | Dallas, TX
- MI (MI) | Seattle, WA
- MI (MI) | San Francisco, CA
- MI (MI) | Phoenix, AZ

Full Risk Reduction Coaching & Certification Program

Each year, one in every three adults age 65 and older falls. Falls can cause injuries, such as hip fractures and head trauma, and can increase the risk of early death. 15% of the older adults who are hospitalized for fractures are discharged to long-term care facilities.

Identify, assess and act on fall risks associated with each part of the whole. Identify fall and injury prevention factors that affect the whole person, including the home and community.

Virtual Coach and tools, available in English and Spanish for use in the home, are available for use in the home.

The program consists of a 12-month period that includes an individual approach that addresses the environmental, psychological, cognitive, motor, and communication components.

REGISTER TODAY!

Join us at Course!

Register at InteractiveMetronome.com and click on Continuing Education

- Use **HealthSouth Promotion Code** to Attend a Live Course **FREE!**
- Promotion Code: **HSFreeIMC2016**
- Contact us about hosting a course at your hospital.
- CEUs offered
 - 0.8 CEUs AOTA
 - 0.8 CEUs ASHA
 - PT CEUs offered in select states

First come first serve basis... limited seats!

Lunch & Learn Opportunities

Plan one day every month to focus on IM over your lunch hour as a team.

1. Register for the webinar course on IM website.
2. Access video and PowerPoint materials on UVue.
3. Complete Online Exam, Evaluation, and ASHA form (if applicable) on IM's website.
4. Receive your Certification of Completion via email.

Offerings

- **November:** IM Best Practices for the Aphasic/Apraxic Population
- **December:** Strategies to Preserve Function and Independence: IM and Parkinson's Disease
- **January:** Using IM to Enhance Driving Evaluation Results: A Case Study
- **February:** Use of IM to Improve Functional Mobility with Neurologically Impaired Adults

Contact Information

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