

WORKSHEET FOR MODULE 5

1) Just as we analyze the learning styles of the children we work with, take a moment to analyze your own behaviors and how they too may have an impact on your relationship building skills:-
(please circle all that apply)

Auditory	Seeker	Avoider
Tactile	Seeker	Avoider
Olfactory	Tolerant	Intolerant
Gustatory	I can eat anything!	I am particular
Visual	Seeker	Avoider
Vestibular	Seeker	Avoider
Proprioception	Seeker	Avoider
Organization skills	I can work in any state	I am intolerant to mess and seek order
Environment	I dislike confined spaces	I dislike open plan, poorly defined spaces
Interpersonal	I am ok with people standing close to me	I prefer people to keep their distance and respect my personal space.
Sense of Order	I like spontaneity	I prefer to know ahead of time and like things to be predictable.

2) Which common childhood behaviors elicit a negative emotional response from you?

- Shouting in anger**
- Ignoring directions**
- Being selfish or greedy**
- Oppositional Defiance**
- Rudeness**
- Stubbornness**
- Hitting**
- Lying**
- Stealing**

3) What strategies do you use to self-calm and re-focus when you identify an emotional reaction in response to a child's behavior?

4) What is your best advice to parents to help guide them in helping their children when presenting with a problematic behavior?
