

New Provider Warm-Up Program [NOT INTENDED FOR USE WITH PATIENTS]

DAY 1 – Long Form Assessment	Day 2	Day 3	Day 4
Long Form Assessment	Both Hands 270 reps Default settings Guide Sounds ON Visual View – Enriched Score without Center Flash _____ ms average	Both Hands 270 reps Default settings Guide sounds ON CHOICE: Auditory Only or Combined Auditory-Visual Mode _____ ms average	Both Hands 540 reps Default settings Guide sounds ON CHOICE: Auditory Only or Combined Auditory-Visual Mode _____ ms average
Both Hands 150 reps Default settings Guide sounds OFF Auditory mode – no visual cues _____ ms average	Right Hand 270 reps Default settings Guide Sounds ON Visual View – Enriched Score without Center Flash _____ ms average	Both Heels 270 reps Default settings Guide sounds ON CHOICE: Auditory Only or Combined Auditory-Visual Mode _____ ms average	Both Toes 270 reps Default settings Guide sounds ON CHOICE: Auditory Only or Combined Auditory-Visual Mode _____ ms average
Right Hand 150 reps Default settings Guide sounds OFF Auditory mode – no visual cues _____ ms average	Left Hand 270 reps Default settings Guide Sounds ON Visual View – Enriched Score without Center Flash _____ ms average	Right Heel 270 reps Default settings Guide sounds ON CHOICE: Auditory Only or Combined Auditory-Visual Mode _____ ms average	Both Heels 270 reps Default settings Guide sounds ON CHOICE: Auditory Only or Combined Auditory-Visual Mode _____ ms average
Left Hand 150 reps Default settings Guide sounds OFF Auditory mode – no visual cues _____ ms average	Both Toes 270 reps Default settings Guide sounds ON CHOICE: Auditory Only or Combined Auditory-Visual Mode _____ ms average	Left Heel 270 reps Default settings Guide sounds ON CHOICE: Auditory Only or Combined Auditory-Visual Mode _____ ms average	Right Hand/Left Toe 270 reps Default settings Guide sounds ON CHOICE: Auditory Only or Combined Auditory-Visual Mode _____ ms average
	Right Toe 270 reps Default settings Guide sounds ON CHOICE: Auditory Only or Combined Auditory-Visual Mode _____ ms average	Right Hand/Left Toe 540 reps Default settings Guide sounds ON CHOICE: Auditory Only or Combined Auditory-Visual Mode _____ ms average	Left Hand/Right Toe 270 reps Default settings Guide sounds ON CHOICE: Auditory Only or Combined Auditory-Visual Mode _____ ms average
	Left Toe 270 reps Default settings Guide sounds ON CHOICE: Auditory Only or Combined Auditory-Visual Mode _____ ms average	Left Hand/Right Toe 540 reps Default settings Guide sounds ON CHOICE: Auditory Only or Combined Auditory-Visual Mode _____ ms average	Both Hands 540 reps Default settings Guide sounds ON CHOICE: Auditory Only or Combined Auditory-Visual Mode _____ ms average

Interactive Metronome Indicator Table

Age	6	7 to 8	9 to 10	11 to 12	13 to 15	16+
Extreme Deficiency	280+	270+	260+	240+	215+	200+
Severe Deficiency	175-279	170-269	160-259	155-239	150-214	147-199
Below Average	120-174	90-169	80-159	75-154	72-149	70-146
Average	90-119	65-89	55-79	45-74	43-71	41-69
Above Average	56-89	45-64	38-54	36-44	33-42	30-40
Exceptional	40-55	32-44	28-37	26-35	23-32	22-29
Superior	Below 40	Below 32	Below 28	Below 26	Below 23	Below 22