



Modifications

As you prepare to increase your IM interventions with your treatment population, consider putting together a “modification kit”, to allow you to adapt different ideas and equipment as you are in the midst of treating. Handy items to have on hand include:

- 🌀 Colored tape (i.e., blue painters tape)
- 🌀 Self adhesive Velcro strips
- 🌀 Non-slip matting (i.e., shelf liner, dycem)
- 🌀 A variety of shaped, textured, sized balls
- 🌀 Timer
- 🌀 Balloons
- 🌀 Bubbles
- 🌀 Stickers
- 🌀 Munchies (i.e., crunchy chips/cheerios/pretzels)*
- 🌀 Chewables (i.e., bubble gum/chew tubes)*
- 🌀 Suckables (i.e., lollipops)*
- 🌀 Multiple hand/foot triggers
- 🌀 Splitter cable to add more triggers to junction box (available from Radio Shack)
- 🌀 Speakers
- 🌀 Variety of headphones/ear pods
- 🌀 Silk scarves
- 🌀 Ball on a string
- 🌀 Selection of small kid toys (i.e., a Polly Pocket™/an action figure)
- 🌀 Picture flash cards
- 🌀 Words flash cards
- 🌀 Letters flash cards
- 🌀 Soft gloves
- 🌀 Sanitizing hand wipes!

****Consult with parent re: food sensitivities/allergies. (Allergies are extremely common in children with ADHD, Sensory Processing Disorder, Autism Spectrum Disorder and many of these children are on restricted diets)

Larger items to consider are:

- 🌀 Balance disc
- 🌀 Therapy ball
- 🌀 Two yards of lycra fabric
- 🌀 Foam cushion for balance displacement
- 🌀 Weighted ball (3-5#)
- 🌀 Mop handles